# Therapeutic **Services** Family Coaching **Services**







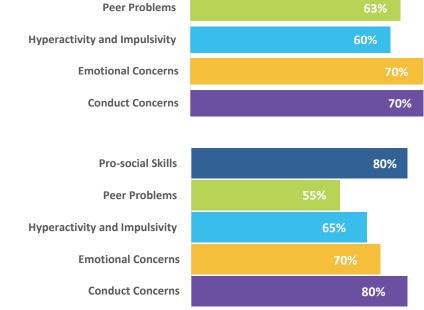


**Pro-social Skills** 

# Overall SDOH Needs Reduced The following graph demonstrates the improvement seen as Family Coaches connect families to resources in the community that meet their SDOH needs. Improvement of 23% Improvement of 13% Intake Discharge Discharge Intake

### Improvement in **Symptoms**

Strengths and Difficulties Questionnaire (SDQ) - Parent



73%

Strengths and Difficulties
Questionnaire
(SDQ) - Youth

The above scores represent the percentage of parents and youth who saw improvement or maintenance of positive behaviors over the course of treatment in 5 domain areas.





When it came time for elementary student Catalina\* to go to school at United Community Center (UCC), she most always complained of tummy aches and headaches. The LSS School-Centered Mental Health (SCMH) Therapy Team worked with Catalina, her parents and UCC teachers/counseling staff to find that she also had a lack of focus in school and little-to-no peer relationships. A combination of SCMH family coaching and therapy services coupled with growth mindset instructions/practice in therapy and at school, empowered Catalina to return to school symptom-free, make new friends and develop positive teacher relationships.

LSS SCMH services are delivered in strong partnership with schools like UCC. This innovative program supports students in the school and at home along with their parents and extended family members. Find out more at www.lsswis.org/services.

\*Name and image changed to protect client identity







# School Centered Mental Health 2022-2023 School Year

## **School Partners**

Acosta Middle School
Andrew Douglas Middle School
Bruce Guadalupe Elementary School
Bruce Guadalupe Middle School
Gwen T. Jackson School

Lafollette Public School Marvin E. Pratt Elementary North Division High School Ralph H Metcalfe School Success Center